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**441—187.2(234) Eligibility.** To be eligible for aftercare services, a youth must meet the following requirements:

- 187.2(1) Residence. The youth must reside in Iowa.
- 187.2(2) Age. The youth must be at least 18 years of age but less than 21 years of age.
- **187.2(3)** Foster care experience.
- a. The youth must leave foster care either:
- (1) On or after the youth's eighteenth birthday; or
- (2) Between the ages of 17 ½ and 18 after being in foster care continuously for at least six months.
- b. For purposes of this division, "foster care" is defined as 24-hour substitute care for a child who is placed away from the child's parents or guardians and for whom the department or juvenile court services has placement and care responsibility through either court order or voluntary agreement.
  - c. A placement may meet the definition of foster care regardless of whether:
  - (1) The placement is licensed and the state or a local agency makes payments for the child's care;
  - (2) Adoption subsidy payments are being made before the finalization of adoption; or
  - (3) There is federal matching of any payments made.
  - d. Foster care may include, but is not limited to, placement in:
  - (1) A foster family home;
  - (2) A foster home of relatives;
  - (3) A group home;
  - (4) An emergency shelter;
  - (5) A preadoptive home;
  - (6) A residential facility; or
  - (7) The home of an unlicensed relative or suitable person.
  - e. Foster care does not include placement in:
  - (1) A detention facility;
  - (2) A forestry camp;
  - (3) A training school; or
- (4) Any other facility operated primarily for the detention of children who are determined to be delinquent.
  - **187.2(4)** *Responsibility.* The youth must:
  - a. Actively take part in developing and participating in a self-sufficiency plan; and
- b. Indicate recognition and acceptance of personal responsibility in the transition toward self-sufficiency.